

FRANCHISE DISCLOSURE DOCUMENT

SWEAT CIRCUIT

Sweat Equity Franchise Corp.
a California corporation
1007 Isabella Ave.
Coronado, CA 92118
Ph # 206-354-2929
lizlovesmerrill@gmail.com
<https://sweatequitygym.com>

Sweat Equity Franchise Corp. ("we," "us," or "our") offers for sale a franchise to operate a distinctive Sweat Circuit Gym (the "Gym"), identified by the trade name "Sweat Circuit Gym" and related marks.

The total estimated investment necessary to begin operations of a Gym franchise ranges from \$198,700 - \$314,625. This amount includes \$39,950 Fee that must be paid to the franchisor. The total investment necessary to begin operation of a Gym franchise pursuant to a three-unit Area Development Agreement is \$225,120 - \$372,050. This includes \$63,920 - \$99,875 that must be paid to the franchisor. The range of expenses and the initial investment will differ based on the location you choose, the square footage of the location and amenities, whether you are converting an existing fitness facility to a Gym, and the types of equipment, furnishings, and fixtures that you purchase.

This Disclosure Document summarizes certain provisions of your Franchise Agreement and other information in plain English. Read the disclosure document and all accompanying agreements carefully. You must receive this disclosure document at least 14 calendar days before you sign a binding agreement with, or make any payments to the Franchisor in connection with the proposed franchise sale. **Note, however, that no government agency has verified the information contained in this document.**

You may wish to receive your Disclosure Document in another format that is more convenient for you. To discuss the availability of disclosures in different formats, contact Liz Merrill, Business Director, Sweat Equity Franchise Corp., 1007 Isabella Ave, Coronado, CA 92118, and at 206-354-2929.

The terms of your contract will govern your franchise relationship. Don't rely on the disclosure document alone to understand your contract. Read all of your contract carefully. Show your contract and this disclosure document to an advisor, like a lawyer or accountant.

Buying a franchise is a complex investment. The information in this disclosure document can help you make up your mind. Information about comparisons of franchisors is available. More information on franchising, such as "[A Consumer's Guide to Buying a Franchise](#)," which can help you understand how to use this Disclosure Document, is available from the Federal Trade Commission. You can contact the FTC at 1-877-FTC-HELP or by writing to the FTC at 600 Pennsylvania Avenue, NW, Washington, DC 20580. You can also visit the FTC's home page at www.ftc.gov for additional information. There may also be laws on franchising in your state. Call your state agency listed on Exhibit B or visit your public library for other sources of information on franchising.

THE ISSUANCE DATE OF THIS DISCLOSURE DOCUMENT IS: APRIL 26, 2020, AS AMENDED ON JUNE 26, 2020.

State Effective Dates

The following states have franchise laws that require that the Franchise Disclosure Document be registered or filed with the state, or be exempt from registration:

California, Hawaii, Illinois, Indiana, Maryland, Michigan, Minnesota, New York, North Dakota, Rhode Island, South Dakota, Virginia, Washington, and Wisconsin.

This document is effective and may be used in the following states, where the document is filed, registered or exempt from registration, as of the Effective Date stated below:

STATE	EFFECTIVE DATE
California	June 23, 2020, as amended on _____
Hawaii	
Illinois	
Indiana	
Maryland	
Michigan	
Minnesota	
New York	
North Dakota	
Rhode Island	
South Dakota	
Virginia	
Washington	pending
Wisconsin	

Other states may require registration, filing, or exemption of a franchise under other laws, such as those that regulate the offer and sale of business opportunities or seller-assisted marketing plans.

**ITEM 23
RECEIPT**

This Disclosure Document summarizes provisions of the franchise agreement and other information in plain language. Read this Disclosure Document and all agreements carefully.

If Sweat Equity Franchise Corp. offers you a franchise, it must provide this Disclosure Document to you 14 calendar days before you sign a binding agreement with, or make a payment to, the franchisor or an affiliate in connection with the proposed franchise sale.

New York and Oklahoma require that we give you this Disclosure Document at the earlier of the first personal meeting or 10 business days before the execution of the franchise agreement, or other agreement, or the payment of any consideration that relates to the franchise relationship.

Michigan, Oregon and Wisconsin require that we give you this Disclosure Document at least 10 business days before the execution of any binding franchise agreement, or other agreement, or the payment of any consideration, whichever comes first.

If Sweat Equity Franchise Corp. does not deliver this Disclosure Document on time or if it contains a false or misleading statement, or a material omission, a violation of federal and state law may have occurred and should be reported to The Federal Trade Commission, Washington D.C. 20580 and the appropriate State Agency identified on Exhibit B.

The franchisor is Sweat Equity Franchise Corp. located at 1007 Isabella Ave, Coronado, CA 92118. The name, principal business address, and telephone number of each Franchise Seller offering the Franchise is: Liz Merrill, 1007 Isabella Ave, Coronado, CA 92118, 206-354-2929 and Mandy Rowe, 1001 B Avenue, Suite 102, Coronado, CA 92118 619-709-0300.

Issuance Date: April 26, 2020 , as amended on June 26, 2020. Sweat Equity Franchise Corp. authorizes the agents listed in Exhibit B to receive service of process for it.

I have received a Franchise Disclosure Document dated April 26, 2020, as amended on June 26, 2020. This Disclosure Document included the following Exhibits:

- A. FRANCHISE AGREEMENT AND EXHIBITS
- B. LIST OF STATE AGENTS FOR SERVICE OF PROCESS AND STATE ADMINISTRATORS
- C. FINANCIAL STATEMENTS
- D. STATEMENT OF PROSPECTIVE FRANCHISEE
- E. TABLE OF CONTENTS OF THE OPERATIONS MANUAL
- F. GENERAL RELEASE OF ALL CLAIMS
- G. STATE-SPECIFIC ADDENDA
- H. LIST OF FRANCHISEES AND THEIR OUTLETS
- I. LIST OF FRANCHISEES WHO CEASED TO DO BUSINESS UNDER THE FRANCHISE AGREEMENT
- J. AREA DEVELOPMENT AGREEMENT
- K. EFFECTIVE DATES
- L. RECEIPTS

(Print Name)

(Signature)

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- K. EFFECTIVE DATES
- L. RECEIPTS

(Print Name)

(Signature)

Date

Please sign this copy of the receipt, date your signature, and return it to: